# To make our school a safe and happy place I have agreed to:

- \* Be a buddy not a bully
- \* Treat everybody as I wish to be treated
- Be honest when reporting bullying
- \* Follow my class and school rules
- Not use violence to solve any bullying

I have read and understood my schools anti-bullying guidance, I agree to help make our school a happy and safe place to be for everyone.

•

Date: .....

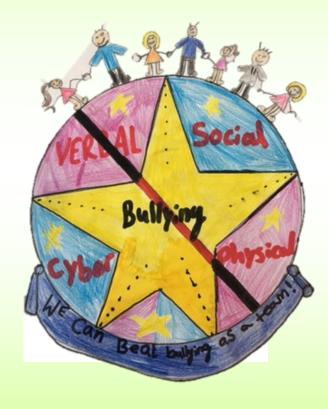
At Bedford Drive Primary School we believe that any type of bullying is unacceptable and will not be tolerated.

This Anti-Bullying charter is to help pupils understand:

- \* What bullying is
- How bullying can make a person feel
- Who they can speak to in school if they feel bullied by anyone.

This guidance will tell children how we will deal with bullying issues and what support we will give you.





Anti-Bullying Charter

### Inspire Believe Succeed

#### We have agreed that Bullying is:

Several Times On Purpose

Or

STOP

#### Types of bullying include -

- Whispering
- \* Spreading rumours or lies
- Leaving out of games or friendship groups
- Hitting/pushing/hurting
- Making someone feel that they are silly or useless
- \* Name calling
- \* Ignoring

## How can bullying make a person feel or act?

Worried

Feel sick

Anxious

Nervous

Stop sleeping

Shy

Red / Puffy Eyes Scared

Go pale

Stop

Not want to come to school

If I see bullying happening in school I should tell:

**ANY ADULT** 

If I or someone I know is being bullied I can...

- Tell a trusted adult either at school or at home
- \* Tell a friend who will go with you
- \* Put a note in your classroom worry box

The adult will listen carefully to you

They will work with you and the bully to sort things out

They will speak to yours and the bully's parents/carers

They will make sure you are alright and that the bullying stops