

# SMSC and British Values in...

## Social

PE supports social development by involving students in having the opportunity to work as a team, as well as reflect on feelings of determination and enjoyment. Students are given the role of a coach or leader to develop their social skills in co-operation, communication, commitment, loyalty and team work. Many students take on the roles of leader and coach during PE. Students are always challenged to give 100% during PE lessons.

## Moral

Moral development in PE concerns students having the opportunity to understand how PE can influence their healthy living and lifestyle. PE highlights the advantages of health and lifestyle through team sports and health related fitness. Students are also able to understand the rules of activities and the reasons why they need to abide by them and understand what fair play is. They are also taught about the importance of being healthy and activity and how this plays a role in society as a whole. Each lesson students are shown the rules of all the activities they do and taught to abide by these rules. This is always linked to the community we live in and the rules which each citizen must live by.

## PHYSICAL EDUCATION

## Spiritual

PE supports spiritual development by involving students developing a variety of skills, e.g. performing a sequence in gymnastics, which allows the students to express their feelings and emotions as well as be amazed by what their bodies can achieve. The students are able to feel the emotions and feelings that go with each role and activity.

## Cultural

Cultural development in PE means students are given the opportunity to learn games and dances from different traditions, including their own as well being able to appreciate the differences between male and female roles in sport. The students are often taught about the origins of a certain sport and also the countries around the world that excel at each sport. The students are given the opportunity to compete against other schools from around the country in a variety of sports. This often means the students are absorbing themselves into different cultures from around the country and learning respect for these cultures. roles within sport.

### **Examples of Spiritual, Moral, Social and Cultural Education in PE include:**

- Students reflecting on values surrounding competition which includes 'winning at all costs' as well as sportsmanship and fair play.
- Students learning to handle success and defeat with dignity.
- Giving time for focus group discussions on lesson objectives and outcomes as well as listening to other people's opinions and giving feedback.
- Students being introduced to tactics and strategies in sport.
- Students developing their moral stance through developing a sense of fair play and positive sporting behaviour as well as reflecting on the need for rules.
- Students discovering the role of sport and dance in society and the arts as well as learning dances from different traditions.
- Students becoming aware of different cultural attitudes towards aspects of physical activity.
- Students competing against schools around the country often from different cultures.
- Students experiencing different roles and the emotions that go with each role.
- Students are challenged to increase their personal fitness and know the role in society of being healthy and active and free from illness/disease.
- Students learn that sport has rules to keep people safe as does society for the same reason.
- Students are challenged to give 100% effort in lessons and have an ethos of encouraging others as they should in life.
- Students are asked to reflect on their actions and how this affects others in a team.
- Students are taught to believe in themselves and what they can achieve if they have a 'can do' attitude.